

# I'm Gonna Like Me: Letting off a Little Self-Esteem

by Jamie Lee Curtis and Laura Cornell

Detailed water-colored illustrations compliment the bold opinions of two small children and the self-confidence that imprint their everyday life.



## Read

### Before:

Introduce the book and tell the children a little bit about it. Follow that with a comment or question that is related to the story such as, *What is your favorite thing in the whole world?* Encourage a discussion so the children can comment, ask questions, and express their feelings. Set the stage for listening by asking an "I wonder" statement based on the cover illustration.

- I wonder what the kids are dressed up as?

### During:

Encourage the children to comment on the illustrations, ask questions, and predict what will happen next in the story. Children gain confidence and a sense of achievement through being able to correctly predict how a story will end. Point out "rare words" (e.g., those words that are not commonly used in every day conversation) and help the children relate the meaning in a way that makes sense to them.

### Rare Words in *I'm Gonna Like Me: Letting off a Little Self-Esteem*

- plaid: checkered fabric
- fad: short-lived fashion
- inches: unit of length, small amount
- pebbles: small round stone
- octopus: sea animal with eight arms
- task: job assigned to somebody

### After:

Discuss the story. Ask questions...

- What things were in their rooms?
- What were some things they liked about themselves?
- How did they feel when they answered questions at school?
- What did they do with their lunches at school?
- What were some things that they did to help others?
- What did they do when they made mistakes?

## Do

### Portrait Time

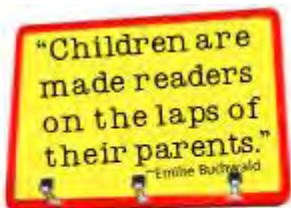
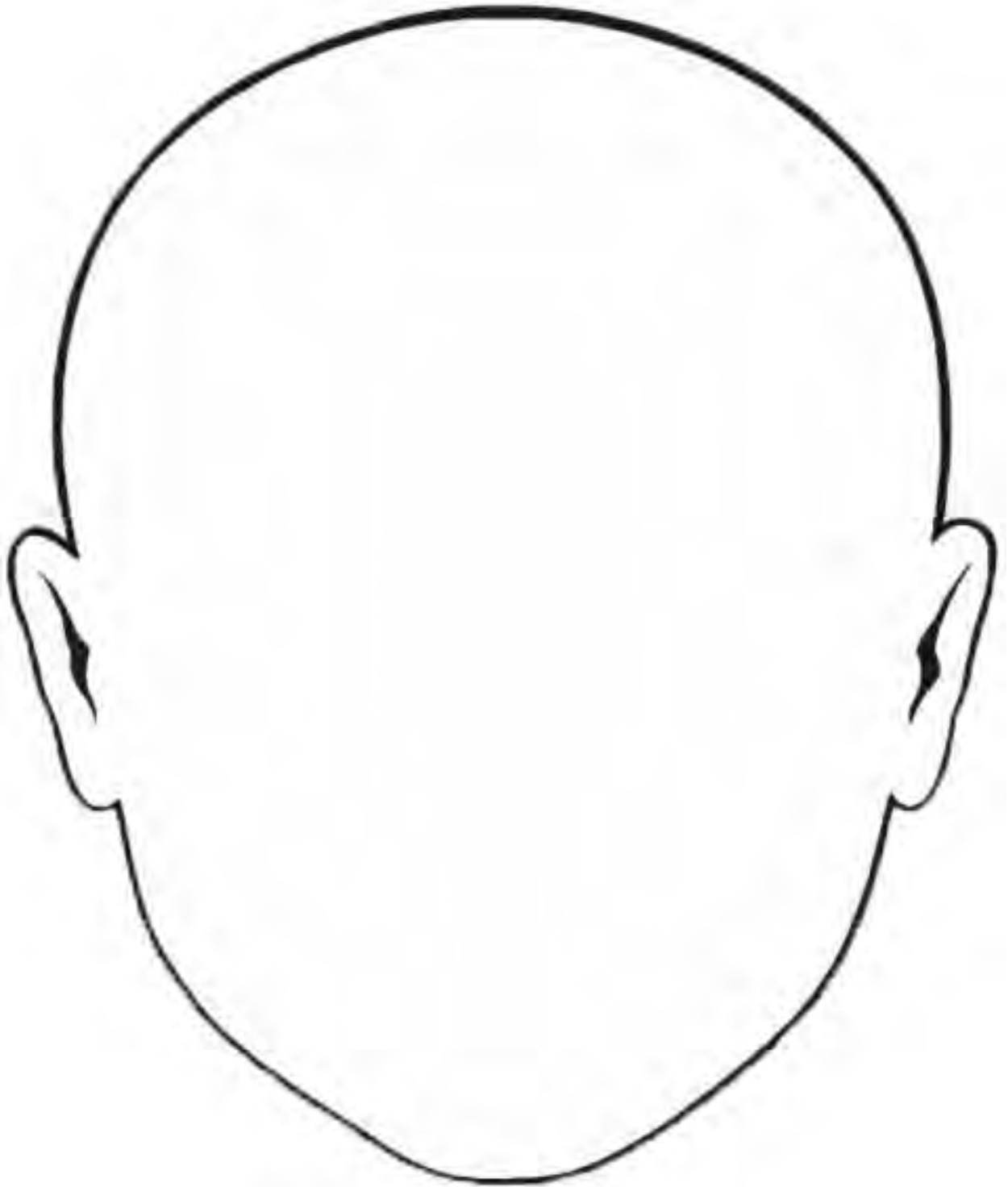
Give each child a copy of the "My Self Portrait" sheet and a hand mirror. Give them enough time to study their own faces and then draw their self portrait. Encourage them to draw what they see, what they like about themselves and to use the correct colors for their hair and eyes.

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My Name: \_\_\_\_\_

# My Self Portrait



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